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# **УРОВЕНЬ И КАЧЕСТВО ЖИЗНИ В РАЗНЫХ РЕГИОНАХ РОССИИ**

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#### Аннотация:

Наша статья направлена на исследование качества жизни, а также уровня жизни в различных регионах Российской Федерации. Для данного исследования мы выбрали три региона с разным уровнем и качеством жизни, а именно: Московская область, Челябинская область и Алтайский край. Для полного анализа мы ознакомились с показателями уровня жизни, а также проанализировали факторы, которые влияют на уровень жизни населения. Мы сравнили регионы с высоким, средним и низким уровнем и качеством жизни. На основе нашего исследования мы выявили экономическое содержание причин, по которым тот или иной субъект занимает свою позицию в рейтинге.

**Ключевые слова:** уровень жизни, социально-экономический рейтинг, экономика, экономические показатели, регионы, региональные бюджеты, качество жизни, область, бюджетные средства, экология и здравоохранение Вектор экономики | www.vectoreconomy.ru | СМИ ЭЛ № ФС 77-66790, ISSN 2500-3666

# QUALITY OF LIVE AND STANDARDS OF LIVING IN DIFFERENT RUSSIAN REGIONS

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#### Annotation.

Our article is intended on research of quality of life and standards of living in different regions of Russian Federation. We decided to choose three different regions with different quality and standards of living for this research. These regions are Moscow region, Chelyabinsk region and Altay region. We overviewed and analyzed some statistics, indicators and factors that influence quality and standards of living to do a full analyzes.

We compared regions with high, average and low quality and standards of living in our research. Based on this analysis, we identified economic reasons, why every region takes its place in rating.

**Key words:** standards of living, socio-economic rating, economics, economic indicators, regions, regional budgets, life quality, area, budgetary funds, ecology and health care.

Quality of life is one of the most important indicators of development of the regions. Definition of quality of life includes many different points such as economic, social, and demographic and many other living conditions [2].

Quality of life is a board category, what causes a huge variability during the analyses of economic indicators. There are three methods of quality of life and standards of living rating formation in Russia, these are objective, subjective and combined. We consider combined method to be the most appropriate for this rating. The main difficulty during the rating formation is a huge difference between its indicators. However, there are some factors that are widely assumed, they are ecology, health care and peaceful existence. First two indicators directly depend on economic situation in the country or region where these factors are paccmatpubalotics. Ecological situation depends on ways of use of natural resources in a region. There is a need in a good economic environment and government subsidy for companies to have money to improve the way they use natural recourses. Good health care system requires a well working tax base and right funds distribution. Even peaceful existence depends on economics, because work of government and police is funded from the budget.

Table 1 - Socio-economic situation of Russian regions rating and main indicators of this rating. [3]

Constituent	Position	Population	Share of	Amount of	Revenue	
entities of	in socio-	for one bed	captured	registered	of the state	
Russian	economic	in a	and	crimes	budget,	
Federation	situation	hospital	neutralized	Per 100	millions of	
	of	(person)	air	000 people	rubles	
	Russian		pollutants			
	regions					
Moscow	6	135,2	74,2	1198	551730,5	
region						

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Chelyabinsk region	22	131,4	84,6	1844	163000,7
Altay region	52	103,2	73,0	1880	99464,7

As we can see, Moscow region, which takes higher position in Socio-economic situation of Russian regions rating, is the is leading by two indicators. However, share of captured and neutralized air pollutants indicator is not that easy to analyze. Ecological situation in Chelyabinsk region is in bad conditions, despite the high amount of captured and neutralized air pollutants; there were 597 tons of harmful uncaptured pollutants vented into atmosphere in Chelyabinsk region at the beginning of 2017 year, due to Rosstat. There were about 253 tons of pollutants vented into the atmosphere at the same time in Moscow region.

Moscow region has a bigger tax base in comparison with Chelyabinsk region and as a result, there formed a bigger budget to improve quality of live and standards of living in Moscow region. Moreover, there is a huge difference between region's budgets, Moscow's budget a few times higher, when other indicators are almost at the same level. It may mean that some regions use their budgets in inefficient way.

Table 2 - Expenditure of a budget by regions for healthcare and ecology. [4] [5]

Region	Intergovernmental millions of rub	transfers,			ecological rubbles	events,
Moscow region	20757			3712		
Chelyabinsk region	249		:	540		

Returning to the subject of inefficient usage of budgets we can look through the table above. Government of the Moscow region spends huge sums of money Вектор экономики | www.vectoreconomy.ru | СМИ ЭЛ № ФС 77-66790, ISSN 2500-3666

from the budget to improve health care and ecological situation in this region Nevertheless these indicators are almost the same both in Moscow and in Chelyabinsk regions. It means that region spend its money inefficiently, insufficient government control over the government and commercial companies.

In conclusion, we can way that position of the region in Socio-economic situation of Russian regions rating highly depends on the amount of money region gets and the way it spends these money for maintenance and development quality of live and standards of living. Objects of expenditure of regions budgets require permanent monitoring and control to increase efficiency of its usage. Research of live quality can help to identify methods to improve situation in a region, so region can take a hire position in Socio-economic situation of Russian regions rating. Moreover, this research can help to reveal change dynamic and form complex representation of economic reasons for advance or decline of current situation of quality of live. There is a need in extra money for organization of control over budged spending. It should be noted, Moscow region takes its position in Socioeconomic situation of Russian regions rating because in comparison with other regions it has a high amount of money in funds for improving live quality events, but spend it inefficiently. There is a vise verse situation in Chelyabinsk region, this region spend a poor amount of money on maintaining quality of live, but does it very well. In Altay region, the last region in our list, both of indicators has bad results. Budget in this region is small and government of the regions use it without a proper control.

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